


EJC
 (Moss Point Senior Center)
 5343 Jefferson St.
 Moss Point, MS 39562

Making You The Best ; Mind, Body, & Spirit

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January 2024

Mon	Tue	Wed	Thu	Fri
1 Center Closed	2 Rev. Stallworth Code Of Conduct Card Games	3 @10 Diabetic Prevention Wii Exercise	4 Bean Bag Toss Spades/ Dominoes Exercise	5 Movies (Biloxi)
8 Sewing Class Exercise Card Games Crafts	9 Rev. Stallworth Exercise Table Games	10 @10 Diabetic Prevention Wii Exercise	11 Chair Volleyball Checkers/ Dominoes Puzzles	12 @10:30 Let's Make a Deal w/ John Shared Health
15  Center Closed	16 Rev. Stallworth Exercise Basketball Shootout	17 @10 Diabetic Prevention Wii Exercise	18 Word Puzzles Exercise Card Games	19 Bingo
22 Sewing Class Exercise Card Games Crafts	23 Rev. Stallworth Exercise Checkers/ Dominoes	24 @10 Diabetic Prevention Wii Exercise	25 @10:00 Penny Auction w/ Jeff Quinn Humana	26 TBA
29 Sewing Class Exercise Card Games Crafts	30 Rev. Stallworth Exercise Card Games	31 @10 Diabetic Prevention Wii Exercise		

