











MAY 2023

MAKING YOU THE BEST; MIND, BODY, & SPIRIT

Mon	Tue	Wed	Thu	Fri
1 Card Games Exercise Word Puzzles	2 Hurricane Preparedness Cinco De Mayo (Pascagoula Sr.. Ctr.)  10a.m.-1p.m.	3 Chair Exercise Wii Card Games	4 Exercise Table Games Wii	5 
8 Recognizing our Mothers 	9 Rev. Stallworth Exercise Card Games	10 Exercise Wii Checkers & Dominoes	11 Bowling Spanish Trail Lanes (Gautier) 	12 Bingo
15 Bingo @10:30 W/ Danielle Senior Medicare Patrol	16 Community Field Day 9a.m.-2p.m. (Fairgrounds) (wear new t-shirt) 	17 Bingo @10:30 W/ Cindy Aetna	18 Penny Auction @10:30 W/ Jeff Humana	19 TBA
22 B.Y.O.Brush (canvas painting) @ 10:30 Must sign up by the 5th 	23 Rev. Stallworth Exercise Card Games	24 Pascagoula Line Dancers @10:30	25 Chair Exercise Wii Card Games	26 Game Day
29  Center Closed	30 Rev. Stallworth Exercise Checkers & Dominoes	31 Senior Dance Party Biloxi Civic Center 10a.m.-2p.m. 		

Celebrating National Older Americans Month 2023

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