


June 2021

Making You the Best: Mind ,Body, and Spirit

Mon	Tue	Wed	Thu	Fri
	1 Rev. Odom 10:30 Walking	2 Stretching Bingo @10:30 John w/Amada	3 Chair Exercise Puzzles	4 Closed
7 	8 Rev. Odom 10:30 Stretching	9 Chair Exercise Bingo	10 Jeff Quinn Penny Auction Humana) 10:30	11 Closed
14 Chair Exercise Puzzles	15 Rev. Odom 10:30 Stretching	16 Walking Table Games	17 Field Trip	18 Closed
21 Stretching Air Hockey	22 Rev. Odom 10:30 Crafts	23 Chair Exercise Bingo	24 2021 Senior Summer Picnic (Gulfport)	25 Closed
28 Walking Crafts	29 Rev. Odom 10:30 Bingo 12:00 Sr. Med. Patrol (Danielle Guillory)	30 Stretching Bingo	Monthly Birthday party 1st Monday of each month	June 20th Happy Father's Day! 🎉🍷🍷

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